

Happy New Year!



CHECK OUT OUR WEBSITE:
<http://whgclub.org>

If you have an item for the newsletter, please email Maureen with "WH&GC newsletter" in the subject line:
maureenconway@yahoo.com

WINCHESTER HOME & GARDEN CLUB NEWS

A message from Dot and Cathy:

Hello WHGC Members:

Happy New Year to all of you. Gosh it seems like forever since we have come together as a group.

Just sending out well wishes and the hope we will be seeing you on Wednesday, January 18th at 11:30 , St. Eulalia's. Nickie Sakaforas has a wonderful program in store for us!!

Board members, please remember we are meeting at 10:15 (before the meeting) please try and be prompt so that we can finish the meeting before set up needs to be done. Please note, there is an exercise class that is scheduled before us so we have to be respectful of their space.

Those of you on the hospitality committee that are not on the board, we hope you can arrive a little early and begin the basic set ups (table cloths, dishware, etc). We are allowing plenty of time for the remainder of set up to be ready for members arrival at 11:30. Oh, and I have purchased additional ROUND table cloths to replace those we lost and add on a few for those meetings with high attendance.

Looking forward to a great second half of our season.

Best,

Cathy and Dot



Denise Costello

Healthy New Year Workshop

Gail Morlock wowed us again with another fantastic workshop! We met last week at the Gables for an enlightening healthful morning discussing and practicing meditation; healthy eating (with delicious samples and recipes); sleeping habits and more. The workshop was led by Denise Costello and Vanessa Gobes of Winchester's own Chrysalis Center. If you missed the workshop and would like to find out more, please visit their website: <http://www.insidethechrysalis.com>

**Our next meeting will be held this Wednesday,
January 18 at St. Eulalia's church**

**Social time/lunch starts at 11:45
Meeting begins at 12:30**

**Our program for Wednesday will be presented by
Betsey Willaims "Mrs. Thrift's Savory Herbal
Kitchen"**

**Mrs. Thrift loves to grow culinary herbs and she
loves to cook. Learn to make her favorite herb-
enhanced foods. Enjoy a sampling of herb butters,
vinegars, mustard, nut pestos and salts.**

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**If your last name falls within the names
Kavanaugh - Maxwell, it is your turn to help
with hospitality. Please contact Maureen at
978-491-9115 if you have not yet signed up to
bring something. Thank you!**

